



Recipes

Snacks

Karen's Coconut Truffles

Prep Time: 25 minutes

Ingredients:

- 1 cup gluten free oatmeal
- 2/3 cup raw coconut flakes
- 1/2 cup unsalted almond butter
- 1/4 cup chia seeds
- 1/3 cup dairy-free chocolate chips
- 1/3 cup grade B maple syrup
- 1 tsp vanilla extract

Directions:

1. Mix all ingredients together and refrigerate for one hour
2. Shape into 1 1/2 inch balls and place in covered container.
3. Roll to cover in coconut flakes
4. Separate each layer with wax paper.
5. Store in the freezer until ready to enjoy.