



Recipes

Savory Snacks

Parsnip Chips

Prep Time: 10 minutes

Cook Time: 30 minutes

Yield: 10 servings

Ingredients:

1 pound parsnips

Olive oil

Sea salt to taste

Black pepper to taste

Directions:

1. Preheat oven to 350 degrees.
2. Wash parsnips well.
3. Slice parsnips very thin, crosswise, creating circular pieces and place in a bowl.
4. Drizzle lightly with olive oil, salt and pepper and toss so each piece is coated.
5. Spread evenly over two baking sheets and place in the oven.
6. Remove after 30 minutes or until desired crispness.