



Recipes

Snacks

Brown Rice Crispy Treats

Ingredients:

¼ cup Natural Peanut Butter (or other nut butter)

½ cup Brown Rice Syrup

2 Cups Brown Rice Crispy Cereal

¼ Cup Goji berries

Directions:

1. Heat peanut butter and rice syrup on a low flame until easily pour-able.
2. Pour over brown rice cereal until well coated.
3. Sprinkle in Goji berries.
4. Press all ingredients together in to a baking pan.
5. Refrigerate for one hour.

Serves 4-6