



Recipes

Sauces and Dressings

Tahini Lemon Dressing

Prep Time: 5 minutes

Cooking Time: none

Yield: 1 1/2 cups

Ingredients:

1/2 tablespoons tahini
1/4 cup water
2 garlic cloves
3 tablespoons lemon juice
2 tablespoon tamari soy sauce
2 tablespoons tamari
2 tablespoons maple syrup
Pinch of cayenne

Directions:

1. In a blender, mix tahini and water until combined.
2. Add remaining ingredients and continue to mix until all ingredients are combined.
3. Adjust any flavors to your taste.

Note:

- If you want a thinner dressing add additional water.