



Recipes

Sauces and Dressings

Maple Dijon Vinaigrette

Prep Time: 5 minutes

Cooking Time: none

Yield: 5 servings

Ingredients:

¼ cup cider, red wine or balsamic vinegar

¼ cup olive oil

3 tablespoons pure maple syrup

1 tablespoon Dijon mustard

A couple pinches of sea salt and pepper

Directions:

1. In a small bowl whisk together all ingredients or place ingredients into a jar, cover and shake well.
2. Cover and refrigerate.
3. Shake well before serving.