



Recipes

Sauces and Dressings

Light and Tangy Dressing

Prep Time: 8 minutes

Cooking Time: none

Yield: 8 servings

Ingredients:

3 tablespoon fresh lime juice
3 tablespoons rice wine vinegar
1 tablespoon soy sauce
¼ cup flax or olive
½ teaspoon sesame oil

Directions:

1. Whisk all ingredients together and serve on a green salad.

Note:

- If you like your dressing more acidic add more lime juice or vinegar or modify all measurements to your liking.