



Recipes

Salads

Quinoa Salad

Prep Time: 15 minutes

Cooking Time: none

Yield: 8 servings

Ingredients:

2 cups cooked quinoa
1/2 cup chopped radishes
1/2 cup chopped cucumber
1/2 cup chopped celery
1/2 cup chopped red onion
1/2 cup chopped fresh parsley
1/2 cup chopped red bell pepper
1 tablespoon olive oil
2 teaspoons balsamic vinegar

Directions:

1. Combine all ingredients together in a large bowl and mix well.

Note:

- Garnish with cherry tomatoes and shredded garlic cloves and chill before serving.