



Recipes

Grains

Coconut Brown Rice

Prep Time: 5 minutes

Cooking Time: 55 minutes

Yield: 6 servings

Ingredients:

2 cups brown rice

2½ cups water

1 can coconut milk

1/2 teaspoon salt

Directions:

1. Wash and drain rice.
2. Bring water, coconut milk, and salt to a boil.
3. Add rice.
4. Reduce heat to low and cover.
5. Simmer 45 minutes until rice is cooked.

Note:

Use leftover rice for creamy and delicious breakfast porridge.