



Recipes

Desserts

Tropical Breeze

Prep Time: 10 minutes

Cooking Time: None

Yield: 4 servings

Ingredients:

1/2 pineapple

1 cup plain yogurt

1/4 cup dried coconut flakes

Directions:

1. Cut pineapple into bite-size chunks.
2. Add all ingredients into a bowl, mix and serve!

Note:

This is the most simple and refreshing dessert to enjoy in warm weather. Depending on the sweetness of the pineapple, you may want to add a little honey.