



Recipes

Desserts

Date Pudding

Prep Time: 10 minutes

Cooking Time: 40 minutes

Yield: 4-6 servings

Ingredients:

6 eggs, separated

1/2 pound pitted dates

1/2 cup bread crumbs

1 teaspoon baking powder

1/2 cup date sugar (optional)

Directions:

1. Preheat oven to 325 degrees.
2. Beat egg yolks.
3. Add date sugar, beat.
4. Add dates, crumbs, baking powder and mix.
5. Beat egg whites in a separate bowl until stiff.
6. Fold into the first mixture.
7. Bake in a 9x9 inch pan for 40 minutes.