



Recipes

Beverages

Sunfood Super Smoothie

Ingredients:

- 4 Cups Liquid (Water, Coconut Water, or any Nut Milk)
- 3 Tablespoons Cacao Powder
- 1 Tablespoons Maca Powder
- 3 Tablespoons Goji Berries
- 1-2 Tablespoons Sweetener (Agave Nectar, Raw Honey, Yacon Syrup)
- 1-3 Cups Frozen Organic Berries or a Banana (depending on how thick you want the smoothie)

Optional ingredients:

- 1 Teaspoon Cinnamon
- 2 Tablespoons Cacao Nibs
- 2 Tablespoons Powdered Greens
- 2 Tablespoons Coconut Butter
- 1 Tablespoon Cashews or Jungle Peanuts

Serves 4-6